



<p><b>2</b></p> <p>Sunday Dinner 11 a.m. to 1 p.m.</p>	<p><b>3</b> 9:00 Movin' &amp; Groovin' 9:30 Music Therapy 10:00 Massages w/Jean W. 12:30 Pinochle 2:00 Line Dancing 3:00 Balance 5:00 <i>White Elephant Bingo</i></p>	<p><b>4</b> <b>4th of July</b> <b>Center is Open 7am - 3pm</b> <b>Breakfast and</b> <b>a La Carte Sandwiches</b> <b>7 am to 1 pm</b> <b>Patriotic Bingo 1:30 pm</b></p>	<p><b>5</b> <b>Birthday Dinner</b> <b>Neighbors' Breakfast</b> 9:00 Movin' &amp; Groovin' 9:15 Euchre 10:15 Sing-Along 11:00 <b>Alzheimer's Info</b> 12:30 Pinochle/Sometimer's 3:00 Balance</p>	<p><b>6</b> <b>Good Time Cruisers</b> 10:15 Chair Yoga <b>Medicare Assist. w/ Jackie</b> 10:30/11:45 Enh. Fitness <b>11:30 Library in Motion</b> 1:00 Organ 7:00 <b>Model A Club</b></p>	<p><b>7</b> 9:15 Euchre 9:30 Music Therapy 11:15 Chair Yoga 12:00 Begin. T'ai Chi 12:30 and 1:30 T'ai Chi 12:30 Hand &amp; Foot 1:00 Crocheting 2:00 Tap Dancing</p>	<p><b>1 &amp; 8</b> <b>10:00 Fitness</b> <b>12:30 Euchre</b> <b>Tournament</b></p>
<p><b>9</b></p> <p>Sunday Dinner 11 a.m. to 1 p.m.</p>	<p><b>10</b> <b>Woodhaven Retirees</b> <b>MB&amp;T Retirees</b> Canasta 9:00 Movin' &amp; Groovin' 9:30 Music Therapy 10:00 Massages w/Jean W. <b>Monroe Ford Retirees</b> <b>\$6 Fund-Raiser, Music at 11:30</b> 12:30 Pinochle 2:00 Line Dancing/3:00 Balance 5:00 <i>White Elephant Bingo</i> 7:30 <b>Stamp Club</b></p>	<p><b>11</b> <u>Breakfast 7:00-1:00</u> <b>SMCC Class of 1958 Breakfast</b> 8:30 Exercise Assistance with Barb Ginther 10:15 Chair Yoga 10:30/11:45 Enhance Fitness 10:30 <b>Therapy Dog</b> 1:30 "Special Summer" Bingo 6:00 Woodcarvers <b>7:00 Coin Club</b></p>	<p><b>12</b> <b>Neighbors' Breakfast</b> <b>Monroe Senior Legal</b> 9:00 Movin' &amp; Groovin' 9:15 Euchre 11:30 Patrick the Intern—Life Story Project <b>12:00 Grandmother's Trunk</b> 12:30 Pinochle 12:30 Sometime's Euchre 3:00 Balance</p>	<p><b>13</b> <b>Good Time Cruisers</b> <b>9:00 am Blood Sugars w/IHM</b> 9:30 - 11:00 Bible Study 10:15 Chair Yoga <b>Medicare Assist. w/ Jackie</b> 10:30/11:45 Enh. Fitness <b>12:00 Miss Monroe County</b> 1:00 Organ</p>	<p><b>14</b> <b>8:30 am BP with</b> <b>Great Lakes Caring</b> 9:15 Euchre 9:30 Music Therapy 11:15 Chair Yoga 12:00 Begin. T'ai Chi 12:30 and 1:30 T'ai Chi 12:30 Hand &amp; Foot 1:00 Crocheting 2:00 Tap Dancing</p>	<p><b>15</b> <b>10:00 Fitness</b> <b>12:30 Euchre</b> <b>Tournament</b></p>
<p><b>16</b></p> <p>Sunday Dinner 11 a.m. to 1 p.m.</p>	<p><b>17</b> <b>6:30 Newsletter Team</b> 9:00 Movin' &amp; Groovin' 9:30 Music Therapy 10:00 Massages with Jean W. <b>Food Commodities</b> 12:30 Pinochle 2:00 Line Dancing/3:00 Balance 5:00 <i>White Elephant Bingo</i> 6:00 <b>Sewing Club</b></p>	<p><b>18</b> <b>MCOP Support Services</b> 8:30 Ex. Assist. w/Barb G. 10:15 Chair Yoga 10:30 <b>Therapy Dog</b> 10:30/11:45 Enhance Fitness 1:30 Bingo 6:00 Woodcarvers</p>	<p><b>19</b> <b>Neighbors' Breakfast</b> <b>Class of '67 Breakfast</b> 9:00 Movin' &amp; Groovin' 9:15 Euchre <b>12:00 Program - Safety &amp;</b> <b>the Fermi Plant</b> 12:30 Pinochle/ Sometime's 3:00 Balance</p>	<p><b>20</b> <b>Good Time Cruisers</b> 10:15 Chair Yoga <b>Medicare Assist. w/Jackie</b> 10:30/11:45 Fitness <i>11:30 Alzheimer's Class</i> 1:00 Organ <b>11:45 am - MCHD presents</b> <b>Fitness Facts</b></p>	<p><b>21</b> 9:15 Euchre 9:30 Music Therapy 11:15 Chair Yoga 12:00 Beginner T'ai Chi 12:30 and 1:30 T'ai Chi 12:30 Hand &amp; Foot 1:00 Crocheting 2:00 Tap Dancing <b>5:00 Dinner &amp; Music Show</b></p>	<p><b>22</b> <b>10:00 Fitness</b> <b>12:30 Euchre</b> <b>Tournament</b></p>
<p><b>23</b></p> <p>Sunday Dinner 11 a.m. to 1 p.m.</p>	<p><b>24</b> Canasta 9:00 Movin' &amp; Groovin' 9:30 Music Therapy 10:00 Massages w/Jean W. 12:30 Pinochle 2:00 Line Dancing 3:00 Balance <b>3:30 Coffee with Lance</b> 5:00 <i>White Elephant Bingo</i></p>	<p><b>25</b> <u>Breakfast 7:00-1:00</u> <b>MCOP Support Services</b> 8:30 Ex. Assist. w/Barb G. 10:15 Chair Yoga 10:30 <b>Therapy Dog</b> 10:30/11:45 Enhance Fitness 1:30 Bingo 6:00 Woodcarvers</p>	<p><b>26</b> <b>Neighbors' Breakfast</b> <b>Monroe Senior Legal</b> 9:00 Movin' &amp; Groovin' 9:15 Euchre 12:30 Pinochle/Sometimer's <b>1:30 Movie Day</b> 3:00 Balance</p>	<p><b>27</b> <b>Good Time Cruisers</b> 10:15 Chair Yoga 10:30/11:45 Fitness <i>11:30 Alzheimer's Class</i> <b>Medicare Assist. w/Jackie</b> <b>Health Odyssey—Meal</b> <b>at 11:00 am, please RSVP.</b> 1:00 Organ</p>	<p><b>28</b> 9:15 Euchre 9:30 Music Therapy 11:15 Chair Yoga 12:00 Beginner T'ai Chi 12:30 and 1:30 T'ai Chi 12:30 Hand &amp; Foot 1:00 Crocheting 2:00 Tap Dancing</p>	<p><b>29</b> <b>10:00 Fitness</b> <b>12:30 Euchre</b> <b>Tournament</b></p>
<p><b>30</b></p> <p><b>\$5 Special</b></p> <p>Sunday Dinner 11 a.m. to 1 p.m.</p>	<p><b>31</b> <b>Soup &amp; Sandwich \$2</b> Canasta 9:00 Movin' &amp; Groovin' 9:30 Music Therapy 10:00 Massages w/Jean W. <b>12:00 Noteworthy Women</b> <b>of Monroe County</b> 12:30 Pinochle 2:00 Line Dancing/3:00 Balance 5:00 <i>White Elephant Bingo</i></p>	<div style="text-align: center;">  <p>Find us on Facebook!</p> <p>Visit our website at: <a href="http://www.monroectr.org">www.monroectr.org</a></p>  </div>				