


1 Sunday Bingo Sunday Dinner 11 a.m. to 1 p.m.	2 Woodhaven Retirees 9:00 Movin' & Groovin' 10:00 Massages with Jean W. 11:00 Monroe Ford Retirees 12:30 Pinochle 2:00 Line Dancing 3:00 Balance 5:00 <i>White Elephant Bingo</i>	3 8:30 Exercise Assistance with Barb Ginther Toledo Zoo 10:15 Chair Yoga 10:30/11:45 Enh. Fitness 10:30 Therapy Dog 11:00 15/15 with Dave 1:30 Bingo 6:00 Woodcarvers 7:00 Coin Club	4 Birthday Dinner 9:00 Movin' & Groovin' 9:15 Euchre 11:00 Alzheimer's Info 12:30 Pinochle 12:30 Sometimer's Euchre 3:00 Balance	5 Good Time Cruisers 10:15 Chair Yoga Medicare Assist. w/Jackie 10:30/11:45 Enh. Fitness 11:30 Library in Motion 1:00 Organ 7:00 Model A Club	6 9:15 Euchre 12:00 Begin. T'ai Chi 12:30 and 1:30 T'ai Chi 12:30 Hand & Foot 1:00 Crocheting	7 10:00 Fitness 12:30 Euchre Tournament UM vs MSU Watch Party
8 Sunday Dinner 11 a.m. to 1 p.m.	9 Canasta 9:00 Movin' & Groovin' 10:00 Massages with Jean W. 12:30 Pinochle 2:00 Line Dancing 2:00 - 3:15 Coffee & Scripture 3:00 Balance 5:00 <i>White Elephant Bingo</i> 7:30 Stamp Club	10 <u>Breakfast 7:00-1:00</u> SMA/MCC Class of 58 MCOP Support Services 8:30 Exercise Assistance with Barb Ginther 10:15 Chair Yoga 10:30 Therapy Dog 10:30/11:45 Enh. Fitness 11:00 15/15 with Dave 1:30 Bingo 6:00 Woodcarvers	11 Monroe Senior Legal 9:00 Movin' & Groovin' 9:15 Euchre 10:15 Sing Along 12:30 Pinochle 12:30 Sometimer's Euchre	12 Good Time Cruisers 10:15 Chair Yoga (video) Medicare Assist. w/Jackie 10:30/11:45 Enh. Fitness 1:00 Organ 	13 8:30 am BP with Great Lakes Caring 9:15 Euchre 12:00 Begin. T'ai Chi 12:30 and 1:30 T'ai Chi 12:30 Hand & Foot 1:00 Crocheting 2:00 Tap Dancing	14 9:30/10:45 Fitness 12:30 Euchre Tournament
15 Sunday Dinner 11 a.m. to 1 p.m.	16 6:30 Newsletter Team Food Commodities 9:00 Movin' & Groovin' 10:00 Massages with Jean W. 12:30 Pinochle 2:00 Line Dancing 2:00 - 3:15 Coffee & Scripture 5:00 <i>White Elephant Bingo</i> 6:00 Sewing Club	17 Holcim Retirees Breakfast 8:30 Ex. Assist. w/Barb G. 10:15 Chair Yoga 10:30 Therapy Dog 10:30/11:45 Enh. Fitness 11:00 15/15 with Dave 1:30 Bingo 6:00 Woodcarvers	18 Class of '67 Breakfast 9:00 Movin' & Groovin' 9:15 Euchre 10:15 Sing Along 11:00 BP with Ohioans Home Health Care 12:30 Pinochle 12:30 Sometimer's Euchre 1:30—3:00 Flu Shot Clinic 3:00 Balance	19 Good Time Cruisers 9:00 Blood Sugars w/IHM 10:15 Chair Yoga 10:30/11:45 Enh. Fitness Medicare Assist. w/Jackie 11:30 Organ 1:30 - 4:00 Card Party	20 9:15 Euchre 11:00 - 1:00 \$6 Fund Raiser—Fall Meal and Music by E.C. Duz It 12:00 Begin. T'ai Chi 12:30 and 1:30 T'ai Chi 12:30 Hand & Foot 1:00 Crocheting 2:00 Tap Dancing	21 Jones Transfer 9:30/10:45 Fitness 12:30 Euchre Tournament
22 Sunday Dinner 11 a.m. to 1 p.m. Bingo Fund Raiser	23 Canasta 9:00 Movin' & Groovin' 10:00 Massages w/Jean W. 12:30 Pinochle 2:00 Line Dancing 2:00 - 3:15 Coffee & Scripture 3:00 Balance 5:00 <i>White Elephant Bingo</i>	24 <u>Breakfast 7:00-1:00</u> MCOP Support Services 8:30 Ex. Assist. w/Barb G. 10:15 Chair Yoga 10:30/11:45 Enh. Fitness 10:30 Therapy Dog 11:00 15/15 with Dave 1:30 Bingo 6:00 Woodcarvers	25 Monroe Senior Legal 9:00 Movin' & Groovin' 9:15 Euchre 10:15 Sing Along 12:30 Pinochle 12:30 Sometimer's Euchre 1:30 Movie Day 3:00 Balance	26 Good Time Cruisers 10:15 Chair Yoga 10:30/11:45 Enh. Fitness Medicare Assist. w/Jackie Health Odyssey—Meal served at 11:30 am. 1:00 Organ	27 9:15 Euchre 12:00 Beginner T'ai Chi 12:30 and 1:30 T'ai Chi 12:30 Hand & Foot 1:00 Crocheting 2:00 Tap Dancing	28 9:30/10:45 Fitness 12:30 Euchre Tournament
29 \$5 Special Sunday Dinner 11 a.m. to 1 p.m.	30 Canasta 9:00 Movin' & Groovin' 10:00 Massages w/Jean W. 12:30 Pinochle 2:00 Line Dancing 2:00 - 3:15 Coffee & Scripture 3:00 Balance 5:00 <i>White Elephant Bingo</i>	31 Soup & Sandwich \$2 8:30 Ex. Assist. w/Barb G. 10:15 Chair Yoga 10:30 Therapy Dog 10:30/11:45 Enh. Fitness 11:00 15/15 with Dave 11:00 Halloween Party with Music by Tom Slatton 2:00 Bingo 6:00 Woodcarvers	