




				<b>1 Good Time Cruisers</b> 10:15 Chair Yoga 10:30/11:45 Enh. Fitness 1:00 Organ 5:30 A Matter of Balance <b>5:30 Evening 15/15 and Evening Health Odyssey</b> 7:00 Model A Club	<b>2</b> 9:15 Euchre 12:00 Begin. T'ai Chi 12:30 and 1:30 T'ai Chi 12:30 Hand & Foot 1:00 Crocheting 2:15 Tap Dancing	<b>3</b> <b>9:30/10:45 Fitness</b> <b>12:30 Euchre Tournament</b>
<b>4 Sunday Bingo</b> <b>2 pm</b> Sunday Dinner 11 a.m. to 1 p.m.	<b>5 Woodhaven Retirees</b> 9:00 Movin' & Groovin' 10:00 Massages w/Jean W. 10:00 Brain Aerobics 11:00 <b>Monroe Ford Retirees</b> 12:30 Pinochle 1:00 Coffee & Scripture 2:00 Line Dancing 3:00 Balance 5:00 <i>White Elephant Bingo</i> 5:30 A Matter of Balance	<b>6</b> 8:30 Exercise Assist. with Barb Ginther 10:15 Chair Yoga 10:30 <b>Therapy Dog</b> 11:00 15/15 with Dave 1:30 Bingo 6:00 Woodcarvers 7:00 <b>Coin Club</b>	<b>7 Birthday Dinner</b> 9:00 Movin' & Groovin' 9:15 Euchre <b>10:30 BP with Magnum</b> 11:00 <b>Alzheimer's Info</b> 12:30 Pinochle 12:30 Sometime's Euchre 3:00 Balance 6:15 "Growing Old"	<b>8 Good Time Cruisers</b> <b>Rummage Sale &amp; Bake Sale</b> 10:15 Chair Yoga 11:30 <b>Library in Motion</b> 5:30 A Matter of Balance 5:30 Evening 15/15	<b>9 Rummage Sale &amp; Bake Sale</b> 9:15 Euchre <b>11:30 BP with Great Lakes Caring</b> 12:30 Hand & Foot 1:00 Crocheting	<b>10</b> <b>12:30 Euchre Tournament</b>
<b>11</b> Sunday Dinner 11 a.m. to 1 p.m.	<b>12 Canasta</b> 9:00 Movin' & Groovin' 10:00 Massages w/Jean W. 10:00 Brain Aerobics 12:30 Pinochle 1:00 Coffee & Scripture 2:00 Line Dancing 3:00 Balance 5:00 <i>White Elephant Bingo</i> 5:30 A Matter of Balance 7:30 <b>Stamp Club</b>	<b>13</b> <u>Breakfast 7:00-1:00</u> <b>SMA/MCC Class of '58</b> <b>MCOP Support Services</b> 8:30 Ex. Assist. w/Barb G. 10:15 Chair Yoga 10:30 <b>Therapy Dog</b> 11:00 15/15 with Dave 1:30 Bingo 6:00 Woodcarvers	<b>14 Monroe Senior Legal Ash Wednesday</b> <b>Valentine's Day Party with Music by Dave R.</b> 9:00 Movin' & Groovin' 9:15 Euchre/10:00 Sing Along 12:30 Pinochle 12:30 Sometime's Euchre 3:00 Balance 6:15 "Growing Old"	<b>15 Good Time Cruisers</b> <b>9:00 Blood Sugars w/IHM</b> 10:15 Chair Yoga 1:00 Organ 5:30 A Matter of Balance 5:30 Evening 15/15	<b>16</b> 9:15 Euchre 12:00 Begin. T'ai Chi 12:30 and 1:30 T'ai Chi 12:30 Hand & Foot 1:00 Crocheting 1:00 <b>Nifty Nails</b> 2:15 Tap Dancing	<b>17</b> <b>12:30 Euchre Tournament</b>
<b>18</b> Sunday Dinner 11 a.m. to 1 p.m.	<b>19 6:30 Newsletter Team Food Commodities</b> 9:00 Movin' & Groovin' 10:00 Massages with Jean W. 10:00 Brain Aerobics 12:30 Pinochle 2:00 Line Dancing 3:00 & 5:30 Balance 5:00 <i>White Elephant Bingo</i> 6:00 <b>Sewing Club</b>	<b>20</b> 8:30 Ex. Assist. w/Barb Ginther 10:15 Chair Yoga 10:30 <b>Therapy Dog</b> 11:30 Enh. Fitness 11:00 15/15 with Dave 1:30 Bingo 6:00 Woodcarvers	<b>21 Class of '67 Breakfast</b> 9:00 Movin' & Groovin' 9:15 Euchre/10:00 Sing Along <b>MHS Class of '68 Lunch</b> <b>11:00 BP with Ohioans Home Health Care</b> 12:30 Pinochle/Sometime's 3:00 Balance 6:15 "Growing Old"	<b>22 Good Time Cruisers</b> 10:15 Chair Yoga 11:30 Enh. Fitness <b>Health Odyssey—Meal served at 11:30 am.</b> 1:00 Organ 5:30 Evening 15/15 5:30 Balance	<b>23</b> 9:15 Euchre 12:00 Begin. T'ai Chi 12:30 and 1:30 T'ai Chi 12:30 Hand & Foot 1:00 Crocheting 2:15 Tap Dancing	<b>24 Jones Transfer</b> <b>10:00 Fitness</b> <b>12:30 Euchre Tournament</b>
<b>25 \$5 Special</b> Sunday Dinner 11 a.m. to 1 p.m.	<b>26 Canasta</b> 9:00 Movin' & Groovin' 10:00 Massages with Jean W. 10:00 Brain Aerobics 12:30 Pinochle 1:00 Coffee & Scripture 2:00 Line Dancing 3:00 & 5:30 Balance 5:00 <i>White Elephant Bingo</i>	<b>27</b> <u>Breakfast 7:00-1:00</u> <b>MCOP Support Services</b> 8:30 Ex. Assist. w/Barb G. 10:15 Chair Yoga 10:30 <b>Therapy Dog</b> 11:30 Enh. Fitness 11:00 15/15 with Dave 1:30 Bingo 6:00 Woodcarvers	<b>28 Soup &amp; Sandwich \$2</b> <b>Monroe Senior Legal</b> 9:00 Movin' & Groovin' 9:15 Euchre/10:00 Sing Along 12:30 Pinochle 1:30 Movie Day 3:00 Balance 6:15 "Growing Old"	 <b>FEBRUARY</b>		

