

	<b>1</b> 8:30 Ford Hourly Retirees 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 10-1 Massages w/ JoAnn 11:30 Ford Retirees 12:00 Pinochle 1:30 Line Dancing 3:00 Balance	<b>2</b> 10:15 Chair Yoga <b>11:00 Euchre</b> 1:30 Bingo 6:00 Woodcarvers	<b>3 Birthday Dinner</b> 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 10-1 Massages w/ JoAnn 12:00 Pinochle 3:00 Balance 5:00 <b>Trivia</b>	<b>4 Medicare with Jackie</b> 9:00 Brain Aerobics 11:00 <b>Library in Motion</b> 10:15 Chair Yoga <b>1:30 "Food Matters"</b> <b>7:00 Model A Club</b>	<b>5</b> 8:45 Cardi-Yo 10:00 Enhance®Fitness 11:30 Pinochle 12:30 Hand & Foot 12:30 Knit / Crochet	<b>6</b> Breakfast 8:00 to 1:00 <b>Noon Meal  11:00 to 1:00</b> 11:00 Pinochle
<b>7</b> Sunday Dinner 11 a.m. to 1 p.m.	<b>8 Canasta</b> 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 10-1 Massages w/ JoAnn 12:00 Pinochle 1:30 Line Dancing 3:00 Balance	<b>9 MCOP Support Services</b> 10:15 Chair Yoga 11:00 <b>Euchre</b> 1:30 Bingo 6:00 Woodcarvers <b>7:00 Coin Club</b>	<b>10 Monroe Senior Legal</b> 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 12:00 Pinochle 1:30 Movie— <i>"Jerry and Marge Go Large"</i> 3:00 Balance	<b>11 Rummage Sale</b>  <b>Medicare with Jackie  by appointment</b> 9:00 Brain Aerobics 10:15 Chair Yoga 3:00 Summer Craft	<b>12 Rummage Sale</b> 8:45 Cardi-Yo 10:00 Enhance®Fitness 11:30 Pinochle 12:30 Hand & Foot 12:30 Knit / Crochet	<b>13</b> Breakfast 8:00 to 1:00 <b>Noon Meal  11:00 to 1:00</b> 11:00 Pinochle
<b>14 Bingo  Cards 1:30  Play at 2:00</b>  Sunday Dinner 11 a.m. to 1 p.m.	<b>15 8:00 Newsletter Team</b> 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 10—1 Massages with JoAnn 12:00 Pinochle 1:30 Line Dancing 3:00 Balance	<b>16</b> 10:15 Chair Yoga <b>11:00 Euchre</b> 1:30 Bingo 6:00 Woodcarvers	<b>17 8:30 Class of '67 BK</b> 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 12:00 Pinochle 3:00 Balance  Baby Boomer Day	<b>18 Medicare with Jackie  by appointment</b> 9:00 Brain Aerobics 10:15 Chair Yoga  <b>No Evening Meal today.  Center closes at 4:00</b>	<b>19 8:45 Cardi-Yo</b> 10:00 Enhance®Fitness 11:30 Pinochle 12:30 Hand & Foot 12:30 Knit / Crochet 4:15 <b>Evening Meal</b>	<b>20</b> Breakfast 8:00 to 1:00 <b>Noon Meal  11:00 to 1:00</b> 11:00 Pinochle
<b>21</b> Sunday Dinner 11 a.m. to 1 p.m.	<b>22 Canasta</b> 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 10—1 Massages with JoAnn 12:00 Pinochle 1:30 Dancing 3:00 Balance	<b>23 MCOP Support Services</b> 10:15 Chair Yoga 11:00 <b>Euchre</b> 1:30 Bingo 6:00 Woodcarvers	<b>24 Monroe Senior Legal</b> 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 12:00 Pinochle 1:10 <b>Tigers vs. San Fran.</b> 3:00 Balance	<b>25 Medicare with Jackie  by appointment</b> 9:00 Brain Aerobics 10:00 Blood Pressure 10:15 Chair Yoga 11:30 <b>Health Odyssey</b> 1:30 Book Club	<b>26</b> 8:45 Cardi-Yo 10:00 Enhance®Fitness 11:30 Pinochle 12:30 Hand & Foot 12:30 Knit / Crochet	<b>27</b> Breakfast 8:00 to 1:00 <b>Noon Meal  11:00 to 1:00</b> 11:00 Pinochle
<b>28</b> Sunday Dinner 11 a.m. to 1 p.m.  \$6 Special	<b>29 Canasta</b> 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 10—1 Massages with JoAnn 12:00 Pinochle 1:30 Dancing 3:00 Balance	<b>30</b> 10:15 Chair Yoga 11:00 <b>Euchre</b> 1:30 Bingo 6:00 Woodcarvers	<b>31 \$2 Soup &amp; Sandwich</b> 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 12:00 Pinochle 3:00 Balance			