



April 2024

734-241-0404

<p>29 8:45 Cardi-Yo 10:00 Enhance®Fitness 11:30 Pinochle 12:30 Hand & Foot 12:00 Knit / Crochet Center Closes at 2:00</p>		<p>30 Breakfast 8:00 to 1:00 Noon Meal 11:00 to 1:00 11:00 Pinochle 1:00 Egg Hunt 2:00 Bingo</p>				
<p>31 Easter Sunday Dinner 11 a.m. to 1 p.m.</p>	<p>1 Ford Retirees BK 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 10:00 Brain Aerobics 10—1 Massages with JoAnn 12:00 Pinochle 1:30 Dancing 3:00 Balance</p>	<p>2 10:15 Chair Yoga 11:00 Euchre 1:30 Bingo 2:00 Jam Session 3:00 Fitness Equip. Help 6:00 Woodcarvers 7:00 Coin Club</p>	<p>3 Birthday Dinner 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 10-1 Massages w/ JoAnn 12:00 Pinochle 3:00 Balance 5:00 Trivia w/Beth & Patti</p>	<p>4 Medicare with Jackie by appointment 10:00 Poker Game 10:15 Chair Yoga 11:30 Library in Motion 4:30 Women's Coffee Hour with Maurine 7:00 Model A Car Group</p>	<p>5 8:45 Cardi-Yo 10:00 Enhance®Fitness 11:30 Pinochle 12:30 Hand & Foot 12:00 Knit / Crochet 3:00 Women's Bible</p>	<p>6 Breakfast 8:00 to 1:00 Noon Meal 11:00 to 1:00 9:00 Men's Bible 11:00 Pinochle 2:00 Game Day</p>
<p>7 Sunday Dinner 11 a.m. to 1 p.m.</p>	<p>8 Canasta 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 10:00 Brain Aerobics 10—1 Massages with JoAnn 12:00 Pinochle 1:30 Dancing/3:00 Balance</p>	<p>9 MCOP Support Services 10:15 Chair Yoga 11:00 Euchre 1:30 Bingo 2:00 Jam Session 3:00 Fitness Equip. Help 6:00 Woodcarvers</p>	<p>10 Monroe Senior Legal 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 12:00 Pinochle 1:30 Movie: "The Hill" 3:00 Balance</p>	<p>11 Medicare with Jackie by appointment 10:15 Chair Yoga 11:30 Class of '58 3:00 Craft— 3-D Sign up at Front Desk</p>	<p>12 8:45 Cardi-Yo 10:00 Enhance®Fitness 11:30 Pinochle 12:30 Hand & Foot 12:00 Knit / Crochet 5:00 Talent Show</p>	<p>13 Breakfast 8:00 to 1:00 Noon Meal 11:00 to 1:00 11:00 Pinochle</p>
<p>14 Bingo Cards 1:30 Play at 2:00 Sunday Dinner 11 a.m. to 1 p.m.</p>	<p>15 Newsletter Crew 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 10:00 Brain Aerobics 10—1 Massages with JoAnn 11:30 Lunch and Learn 12:00 Pinochle 1:30 Dancing / 3:00 Balance</p>	<p>16 10:15 Chair Yoga 11:00 Euchre 1:30 Bingo 2:00 Jam Session 3:00 Fitness Equip. Help 6:00 Woodcarvers</p>	<p>17 Class of '67 Breakfast 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 12:00 Pinochle 1:30 Poetry Class 3:00 Balance</p>	<p>18 Medicare with Jackie by appointment 10:15 Chair Yoga 10:00 Poker Game</p>	<p>19 8:45 Cardi-Yo 10:00 Enhance®Fitness 11:30 Pinochle 12:30 Hand & Foot 12:00 Knit / Crochet</p>	<p>20 Bingo Breakfast 8:00 to 1:00 Noon Meal 11:00 to 1:00 9:00 Men's Bible 11:00 Pinochle</p>
<p>21 Sunday Dinner 11 a.m. to 1 p.m.</p>	<p>22 Canasta 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 10:00 Brain Aerobics 10—1 Massages with JoAnn 11:30 Lunch & Learn 12:00 Pinochle 1:30 Dancing / 3:00 Balance</p>	<p>23 MCOP Support Services 10:15 Chair Yoga 11:00 Euchre 1:30 Bingo 2:00 Jam Session 3:00 Fitness Equip. Help 6:00 Woodcarvers</p>	<p>24 Monroe Senior Legal 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 12:00 Pinochle 3:00 Balance</p>	<p>25 Medicare with Jackie by appointment 10:15 Chair Yoga 11:30 Health Odyssey 1:00 Book Club</p>	<p>26 8:45 Cardi-Yo 10:00 Enhance®Fitness 11:30 Pinochle 12:30 Hand & Foot 12:00 Knit / Crochet</p>	<p>27 Bingo Breakfast 8:00 to 1:00 Noon Meal 11:00 to 1:00 11:00 Pinochle 1:00 Egg Hunt</p>