

<p>1</p> <p>Sunday Dinner 11 a.m. to 1 p.m.</p>	<p>2</p> <p><b>Ford Retirees</b></p> <p>9:00 Movin' &amp; Groovin' 10:00 Enhance®Fitness 10:00 Brain Aerobics 12:00 Pinochle 1:00 Dancing 3:00 Balance</p>	<p>3</p> <p>9:00 Balance Exercise 10:15 Chair Yoga 11:00 Euchre 1:30 Bingo 6:00 Woodcarvers 7:00 Coin Club</p>	<p>4</p> <p><b>Birthday Dinner</b></p> <p>9:00 Movin' &amp; Groovin' 10:00 Enhance®Fitness 12:00 Pinochle 3:00 Balance</p>	<p>5</p> <p><b>Medicare with Jackie by appointment</b></p> <p>9:00 Balance Exercise 10:15 Chair Yoga 11:30 <b>Library in Motion</b> <b>Noon Class of '69</b> 7:00 Model A Club</p>	<p>6</p> <p><b>Tax Assistance</b></p> <p>8:45 Cardi-Yo 10:00 Enhance®Fitness 11:30 Pinochle 12:00 Knit / Crochet</p>	<p>7</p> <p>Breakfast 8:00 to 1:00</p> <p><b>Noon Meal 11:00 to 1:00</b></p> <p>11:00 Pinochle</p>
<p>8</p> <p><b>Bingo</b> <b>Cards 1:30</b> <b>Play at 2:00</b></p> <p>Sunday Dinner 11 a.m. to 1 p.m.</p>	<p>9</p> <p><b>Canasta</b> <b>Tax Assistance</b></p> <p>9:00 Movin' &amp; Groovin' 10:00 Enhance®Fitness 10:00 Brain Aerobics 1:00 Writing with Betsy 12:00 Pinochle 1:00 Dancing/3:00 Balance</p>	<p>10</p> <p><b>Class of '58</b> <b>MCOP Support Services</b></p> <p>9:00 Balance Exercise 10:15 Chair Yoga 11:00 Euchre 1:30 Bingo</p>	<p>11</p> <p><b>Monroe Senior Legal</b></p> <p>9:00 Movin' &amp; Groovin' 10:00 Enhance®Fitness 12:00 Pinochle 1:30 Movie 3:00 Balance 5:00 <b>Trivia w/JoAnn aka Mikie and Louise</b></p>	<p>12</p> <p><b>Medicare with Jackie by appointment</b></p> <p>9:00 Balance Exercise 10:15 Chair Yoga <b>1:30 Habits for Health</b> 4:30 Let's Talk Health with Maurine</p>	<p>13</p> <p><b>Tax Assistance</b></p> <p>8:45 Cardi-Yo 10:00 Enhance®Fitness 11:30 Pinochle 12:00 Knit / Crochet <b>Valentine's Music</b></p>	<p>14</p> <p>Breakfast 8:00 to 1:00</p> <p><b>Noon Meal 11:00 to 1:00</b></p> <p>11:00 Pinochle</p>
<p>15</p> <p>Sunday Dinner 11 a.m. to 1 p.m.</p>	<p>16</p> <p><b>Newsletter Crew</b> <b>Tax Assistance</b></p> <p>9:00 Movin' &amp; Groovin' 10:00 Enhance®Fitness 10:00 Brain Aerobics <b>Noon Classes of '65 &amp; '66</b> 12:00 Pinochle 1:00 Dancing/3:00 Balance</p>	<p>17</p> <p>9:00 Balance Exercise 10:15 Chair Yoga 11:00 Euchre 1:30 Bingo 6:00 Woodcarvers</p>	<p>18</p> <p><b>Class of '67 BK</b></p> <p>9:00 Movin' &amp; Groovin' 10:00 Enhance®Fitness 12:00 Pinochle 3:00 Balance</p>	<p>19</p> <p>Medicare w/ Jackie by appt.</p> <p>9:00 Balance Exercise 10:15 Chair Yoga 3:00 <b>Craft— Sign up</b></p>	<p>20</p> <p><b>Tax Assistance</b></p> <p>8:45 Cardi-Yo 10:00 Enhance®Fitness 11:30 Pinochle 12:00 Knit / Crochet</p>	<p>21</p> <p>Breakfast 8:00 to 1:00</p> <p><b>Noon Meal 11:00 to 1:00</b></p> <p>11:00 Pinochle</p>
<p>22</p> <p>\$6 BBQ RIB Dinner 11 to 1 p.m.</p>	<p>23</p> <p><b>Canasta</b> <b>Tax Assistance</b> <b>Lunch &amp; Learn</b></p> <p>9:00 Movin' &amp; Groovin' 10:00 Enhance®Fitness 10:00 Brain Aerobics 12:00 Pinochle 1:00 Dancing/3:00 Balance</p>	<p>24</p> <p><b>MCOP Support Services</b></p> <p>9:00 Balance Exercise 10:15 Chair Yoga 11:00 Euchre 1:30 Bingo 6:00 Woodcarvers</p>	<p>25</p> <p><b>Monroe Senior Legal</b></p> <p>9:00 Movin' &amp; Groovin' 10:00 Enhance®Fitness 12:00 Pinochle 3:00 Balance</p>	<p>26</p> <p><b>Medicare with Jackie by appointment</b></p> <p>9:00 Balance Exercise 10:15 Chair Yoga <b>11:30 Health Odyssey</b> 1:00 Book Club 2:00 <b>Writing Class</b></p>	<p>27</p> <p><b>Tax Assistance</b> <b>Soup &amp; Sandwich Day</b></p> <p>8:45 Cardi-Yo 10:00 Enhance®Fitness 11:30 Pinochle 12:00 Knit / Crochet <b>4:00 Pictionary</b></p>	<p>28</p> <p>Breakfast 8:00 to 1:00</p> <p><b>Noon Meal 11:00 to 1:00</b></p> <p>11:00 Pinochle</p>



# February 2026

