

<p>1 Sunday Dinner 11 a.m. to 1 p.m.</p>	<p>2 Ford Retirees 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 10:00 Brain Aerobics 12:00 Pinochle 1:00 Dancing 3:00 Balance</p>	<p>3 9:00 Balance Exercise 10:15 Chair Yoga 11:00 Euchre 1:30 Bingo 6:00 Woodcarvers 7:00 Coin Club</p>	<p>4 Birthday Dinner 9:00 Movin' &Groovin' 10:00 Enhance®Fitness 12:00 Pinochle 3:00 Balance</p>	<p>5 Medicare with Jackie by appointment 9:00 Balance Exercise 10:15 Chair Yoga 11:30 Library in Motion Noon Class of '69 7:00 Model A Club</p>	<p>6 Tax Assistance 8:45 Cardi-Yo 10:00 Enhance®Fitness 11:30 Pinochle 12:00 Knit / Crochet</p>	<p>7 Breakfast 8:00 to 1:00 Noon Meal 11:00 to 1:00 11:00 Pinochle</p>
<p>8 Bingo Cards 1:30 Play at 2:00 Sunday Dinner 11 a.m. to 1 p.m.</p>	<p>9 Canasta Tax Assistance 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 10:00 Brain Aerobics 1:00 Writing with Betsy 12:00 Pinochle 1:00 Dancing/3:00 Balance</p>	<p>10 Class of '58 MCOP Support Services 9:00 Balance Exercise 10:15 Chair Yoga 11:00 Euchre 1:30 Bingo</p>	<p>11 Monroe Senior Legal 9:00 Movin' &Groovin' 10:00 Enhance®Fitness 12:00 Pinochle 1:30 Movie 3:00 Balance 5:00 Trivia w/JoAnn aka Mikie and Louise</p>	<p>12 Medicare with Jackie by appointment 9:00 Balance Exercise 10:15 Chair Yoga 1:30 Habits for Health 4:30 Let's Talk Health with Maurine</p>	<p>13 Tax Assistance 8:45 Cardi-Yo 10:00 Enhance®Fitness 11:30 Pinochle 12:00 Knit / Crochet</p>	<p>14 Breakfast 8:00 to 1:00 Noon Meal 11:00 to 1:00 11:00 Pinochle</p>
<p>15 Sunday Dinner 11 a.m. to 1 p.m</p>	<p>16 Newsletter Crew Tax Assistance 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 10:00 Brain Aerobics Noon Classes of '65 & '66 12:00 Pinochle 1:00 Dancing/3:00 Balance</p>	<p>17 9:00 Balance Exercise 10:15 Chair Yoga 11:00 Euchre 1:30 Bingo  4:00 St. Pat's Dinner 6:00 Woodcarvers</p>	<p>18 Class of '67 BK 9:00 Movin' &Groovin' 10:00 Enhance®Fitness 12:00 Pinochle 3:00 Balance</p>	<p>19 Medicare w/ Jackie by appt. 9:00 Balance Exercise 10:15 Chair Yoga 3:00 Craft— Sign up</p>	<p>20 Tax Assistance 8:45 Cardi-Yo 10:00 Enhance®Fitness 11:30 Pinochle 12:00 Knit / Crochet 4:00 Family Feud & Potluck</p>	<p>21 Breakfast 8:00 to 1:00 Noon Meal 11:00 to 1:00 11:00 Pinochle</p>
<p>22 Sunday Dinner 11 a.m. to 1 p.m</p>	<p>23 Canasta Tax Assistance Lunch & Learn 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 10:00 Brain Aerobics 12:00 Pinochle 1:00 Dancing/3:00 Balance</p>	<p>24 MCOP Support Services 9:00 Balance Exercise 10:15 Chair Yoga 11:00 Euchre 1:30 Bingo 6:00 Woodcarvers</p>	<p>25 Monroe Senior Legal 9:00 Movin' &Groovin' 10:00 Enhance®Fitness 12:00 Pinochle 3:00 Balance</p>	<p>26 Medicare with Jackie by appointment 9:00 Balance Exercise 10:15 Chair Yoga 11:30 Health Odyssey 1:00 Book Club 2:00 Writing Class</p>	<p>27 Tax Assistance 8:45 Cardi-Yo 10:00 Enhance®Fitness 11:30 Pinochle 12:00 Knit / Crochet</p>	<p>28 Breakfast 8:00 to 1:00 Noon Meal 11:00 to 1:00 11:00 Pinochle</p>
<p>29 \$6 BBQ RIB Dinner 11 to 1 p.m.</p>	<p>30 Canasta Tax Assistance 9:00 Movin' & Groovin' 10:00 Enhance®Fitness 10:00 Brain Aerobics 12:00 Pinochle 1:00 Dancing/3:00 Balance</p>	<p>31 Soup & Sandwich Day 9:00 Balance Exercise 10:15 Chair Yoga 11:00 Euchre 1:30 Bingo 6:00 Woodcarvers</p>	<p>March 2026</p> 			