

Starters

Fresh Veggie Tray \$1.75 per person
Celery, carrots, tomatoes, broccoli,
and peppers
Ranch, French or Italian dressing

Meat & Cheese Tray \$2.60 per person
Tray includes turkey and ham and
three cheese and three cracker varieties

Fresh Fruit Tray \$2.25 per person
Apples, blueberries, oranges, pineapple,
strawberries, watermelon, and cantaloupe
(Fruit varies by season / availability.)

Snack Basket 75¢ per person
Enjoy a basket of your favorites –
potato chips, veggie chips, or pretzels

Drinks

Coffee 50¢ per person
Freshly Brewed Tea 50¢ per person
Hot Cocoa 50¢ per person
Orange Juice 50¢ per person
Cranberry Juice 75¢ per person
Soda Pop \$1.00 per person

Desserts \$1.50 per person

Ice Cream Bar (available on site only)
Chocolate, caramel, strawberry syrups,
whipped topping, cherries, nuts, sprinkles

Cheese Cake
Cherry, blueberry, or chocolate

Pies
Cherry, blueberry, or apple

Cake
Carrot, Applesauce or Jell-O Cake

Soups \$3.00 per person

- Chicken Tortilla
- Cream of Broccoli
- Vegetable Beef
- Chicken Noodle

Our soups are homemade!

Salads

Tossed Salad \$2.50 per person

Mixed lettuces, tomatoes, cucumbers,
red onions, shredded carrots

Choice of dressings: Ranch, Raspberry
or Balsamic Vinaigrette, French, Italian

Cole Slaw \$ 1.50 per person

*All soups and salads are served
with multi-grain bread*



Monroe Center for Healthy Aging

15275 South Dixie Highway
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Monroe Center *for Healthy Aging*

Catering Menu



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Breakfast

Egg Bake \$5.00 per person

Eggs, cheese, and choice of two:

- Sausage - Bacon
- Ham - Spinach
- Broccoli - Onion
- Mushroom - Green Pepper

Muffin: Blueberry or Apple Cinnamon



French Toast \$4.00 per person

Two slices of French toast per person

Choice of meat: Sausage or Bacon

Scrambled Eggs \$ 4.25 per person

Two eggs per person

Choice of meat: Sausage or Bacon

All breakfast packages include coffee, tea, and orange juice.

Lunch

Stacked Ham \$4.30 per person

Wheat, White, or Rye Bread
Cheese: Swiss, American, or Provolone
Honey Mustard or Mayonnaise

Sandwiches or

Wraps \$4.50 per person

Wheat, White, or Rye Bread
Flour, Tomato, or Spinach Wraps
Turkey, Ham, Tuna, or Chicken Caesar
Lettuce and Tomatoes

Veggie Delight \$5.50 per person

Flour, Tomato, or Spinach Wraps
Tomato, Lettuce, Cucumbers, Green Peppers, and Onions
Cheese: Swiss, American, or Provolone
Italian Dressing

All lunches include potato or veggie chips, pickles, and mixture of carrot sticks, celery sticks, and cucumber slices



Dinner

Entrees \$3.75 per person

Roast Beef
Roast Pork
Roasted Turkey
Baked Skinless Chicken Breast
Baked Ham
Mostacoli

(Includes gravy made with meat juices and corn starch)

Potatoes \$2.00 per person

Baked Potatoes with sour cream
Mashed Potatoes
Baked Sweet Potatoes
Mashed Sweet Potatoes
Scalloped Potatoes
AuGratin Potatoes

Vegetables \$2.00 per person

Steamed Broccoli
Corn
Green Beans
California Blend
Key West Vegetables

All dinners include multi-grain bread or dinner rolls and butter.

Prices include delivery within a 20 mile radius of the Monroe Center.
Minimum of 20 people for delivery.

Prices are subject to 6% sales tax.